

# StomaphyX FAQs

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This document is useful to share with staff members that interact directly with potential StomaphyX patients including: front office staff, persons who answer the phone, scheduling staff, nursing staff, nutritionists, psychologists, other surgeons or physicians in the institution, referring surgeons or physicians,

**Q: What is StomaphyX?**

**A:** The StomaphyX procedure is a surgical method of fastening tissue and modifying or reshaping the gastrointestinal tract without incisions.

**Q: What is the procedure like?**

**A:** The StomaphyX procedure is performed safely, quickly, comfortably, with no incisions and with minimal downtime.

Because food in the stomach may hamper visualization during the treatment, patients will be asked not to eat or drink for 12 hours prior to the procedure. Prior to the procedure, the patient will be given anesthesia. While under anesthesia the flexible StomaphyX device will be gently lowered through the mouth into the stomach under the visualization of an endoscope “camera” placed down the shaft of the device. Once inside the stomach, a small section of the stomach wall will be suctioned up into the device and fastened with a suture-like fastener creating a full thickness fold called a plication. This will be repeated 10-20 times.

**Q: What is the recovery like?**

**A:** Most patients can return to work the next day or within a few days following their StomaphyX procedure. Patients should expect to experience some discomfort in their chest, nose and throat for the first few days to a week after the procedure. Patients will be asked to restrict physical activity for the first week and will be given dietary guidelines to help maximize their success while the plications heal. Typically a soft/liquid diet is required for 10 days to two weeks.

**Q: Is StomaphyX safe?**

**A:** StomaphyX has been proven safe in use in hundreds of procedures worldwide. To date, side effects have been minimal and transient. The StomaphyX procedure is expected to be safer than traditional surgery which often involves incisions in the skin for access to the organs, and cutting around the organs to free the desired area for suturing. With StomaphyX, there are no incisions inside on the organs or outside on the skin. This reduces or eliminates the risk of incisional herniation, infection, adhesions or scarring. StomaphyX procedures are particularly attractive replacements for revisional surgery because revisional surgery is among the most complex and dangerous types of surgery.

**Q: Has my surgeon been specially trained?**

**A:** Every StomaphyX surgeon receives specialized StomaphyX training including lectures and live surgery with a nationally recognized surgeon and hands-on training with a certified StomaphyX trainer.